

EARLY FUNCTIONAL RESULTS IN PATIENTS TREATED OPERATIVELY WITH RUPTURE ON VENTRAL TALOFIBULAR LIGAMENT

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Introduction

The treatment of the fresh ligamentary damages of the ankle joint is a topical issue in view of their increasing in the recent years. In most of these patients this leads to joint instability, degenerative changes in joint cartilage and development of arthrosis. Literature shows that there is no uniform opinion whether fresh damage should be treated conservatively or operatively. In literature between 87% and 95% of patients are with excellent functional results after surgical treatment of lateral joint instability.

Aim

To make a comparative assessment of the functional results in patients with sprain, type 3 treated conservatively or operatively.

Material and methods

Together with the clinic "Orthopedics and Traumatology" - Pleven, section "Orthopedics and Traumatology" - MHAT "Avis Medica" and private orthopedic practice we made observation of two groups - "work" and "control" group, 18 patients each with damage of lig. talofibulare anterior and fresh anterolateral instability of the ankle joint. In the working group is applied surgical treatment but in the control group - conservative treatment.

Results and discussion

Summary of functional results made by grouping people with very good, good and satisfactory outcome. Very good results were reported in 78% of the working group and 52% of the control group.

Conclusion

Good functional results confirm the effectiveness of our methodic of kinesitherapy into treated patients.

Keywords: sprain, ligamentary damages, kinesitherapy

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**STUDYING THE EFFECT OF APPLICATION
OF MANUAL MOBILIZING TECHNIQUES
BY MAITLAND FOR RECUPERATION OF
ARTHROKINEMATICS OF THE KNEE
COMPLEX**

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