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# **НАУЧНИ ТРУДОВЕ**

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Здравна промоция и превенция

# **НАУЧНЫЕ ТРУДЫ**

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## Ерготерапия при вродени аномалии на горен крайник

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**Ergotherapy in congenital anomalies of the extremities:** Congenital anomalies of the extremities are the existing from the birth mistakes of the forms (dysmelia). There are different possibilities-from isolated, engaging only one part of the extremity to general, involving all of the extremities. The anomalies often are not isolated, but appear as combinations (syndroms) of different malformations, that do not involve only the extremities but also the inner organs and nervous system. The common physical activity can be additionally significantly restricted. The anomalies can be - inherited, obtained pre-natal, and according clinical appearance- plus or minus anomalies. The upper limb anomalies are of major interest for ergotherapy. The minus anomalies cause strong functional restrictions and set a challenge for ergotherapy. The lower limb anomalies are in the common case compensated with orthesis or ortho- prosthesis to achieve a possibility to stay and walk.

**Key words:** minus anomaly, plus anomaly, ergotherapy