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ЧЕТИРИНАДЕСЕТА НАЦИОНАЛНА НАУЧНА СЕСИЯ ЗА СТУДЕНТИ И ПРЕПОДАВАТЕЛИ 6-7.10.2016, Плевен

**ЧЕТИРИНАДЕСЕТА
НАЦИОНАЛНА НАУЧНА СЕСИЯ ЗА СТУДЕНТИ И ПРЕПОДАВАТЕЛИ**

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РЕХАБИЛИТАЦИЯ ПРИ ПАЦИЕНТИ СЪС СТАБИЛНА АНГИНА ПЕКТОРИС

Нина Михайлова

Таня Мегова, Мариела Филипова

REHABILITATION IN PATIENTS WITH STABLE ANGINA PECTORIS

Nina Mihailova

Tanya Megova, Mariela Filipova

Introduction: The clinic and prognosis of angina pectoris is based on atherosclerotic plaque.

Aim. Presentation of the rehabilitation program in patients with stable angina pectoris.

Methods. The funds included in rehabilitation program are: exercises, breathing exercises and dosed walking.

Results. Rehabilitation in patients with stable angina pectoris reduces complications and risk to the patient.

Discussion. The exercises are performed with average intensity. Starting positions are considered with the patient's condition.

Conclusion. Conducting of rehabilitation reduces symptomology in patients with stable angina pectoris.

Key words: angina pectoris, rehabilitation