

ISSN 1311-3321

РУСЕНСКИ УНИВЕРСИТЕТ „Ангел Кънчев“
UNIVERSITY OF RUSE „Angel Kanchev“

НАУЧНИ ТРУДОВЕ

Том 51, серия 8.1

Здравна промоция и превенция

НАУЧНЫЕ ТРУДЫ

Том 51, серия 8.1

Укрепление здоровья и профилактика

PROCEEDINGS

Volume 51, book 8.1

Health promotion and prevention

Русе
Ruse
2012

Насоки във физикалното лечение при деформации на гръбначния стълб във фронталната равнина

Нина Михайлова, Иван Борисов, Таня Мегова

Guidelines of physical treatment of spine deformities in the frontal plane: Great attention to the study of scoliosis is necessary because of the increasing number of spinal deformities in the recent years among the pupils. Spinal deformities are widespread and represent a serious medical and social problem, that's why early diagnosis and early treatment can prevent heavy curved spine.

Key words: physiotherapy, spinal distortions, frontal plane, kinesitherapy, deformities, spine