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# **НАУЧНИ ТРУДОВЕ**

Том 48, серия 8.1

Здравна промоция и превенция

# **НАУЧНЫЕ ТРУДЫ**

Том 48, серия 8.1

Укрепление здоровья и профилактика

# **PROCEEDINGS**

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## Рискови фактори, водещи до сърдечно-съдови заболявания

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**Risk factors leading to cardio – vascular diseases:** The cardio – vascular system is subjected to the continuous impact of various risk factors. The damage the heart and the blood vessels and often have fatal outcome. To introduce the most frequent risk factors leading to cardio – vascular diseases. Health oriented changes in the lifestyle are important for the prevention and treatment of cardio vascular diseases.

**Key words:** cardio – vascular diseases.