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Kinesitherapy's tests for diabetic polyneuropathy

Abstract: Diabetic neuropathy is a type of nerve damage. High blood sugar can injure nerve fibers throughout the body, but diabetic neuropathy most often damages nerves of the legs and feet.

Depending on the affected nerves, symptoms of diabetic neuropathy can range from pain and numbness in the extremities to problems with blood vessels and heart. For some people, these symptoms are mild; for others, diabetic neuropathy can be painful, disabling and even fatal.

Diabetic neuropathy is a common serious complication of diabetes. The prevention of diabetic neuropathy is with tight blood sugar control and a healthy lifestyle.

Keywords: diabetic neuropathy, kinesitherapy, occupational therapy, healing exercises, prevention.

Symptoms:

Peripheral neuropathy

The signs and symptoms of peripheral neuropathy are often worse at night, and may include:

- Numbness or reduced ability to feel pain or temperature changes;
- A tingling or burning sensation;
- Cramps;
- Muscle weakness;
- Loss of reflexes;